

WMSRA BOARD POLICY 09-002
FITNESS REQUIREMENTS

1. PURPOSE

The purpose of this policy is to set forth WMSRAs policy on referee fitness.

2. STATEMENT OF PHILOSOPHY

It is the position of WMSRA that referee fitness is an essential component, along with knowledge of the laws of the game and the ability to manage the game, of being a competent referee. Every referee needs to be physically able to keep up with play at the level they choose to referee.

3. REQUIREMENTS

- A. WMSRA strongly recommends that every referee who is a member of WMSRA take and pass a physical test on an annual basis.
 - 1. For those referees who only referee for the MHSAA which does not require a fitness test, WMSRA strongly encourages them to take the annual physical test administered by WMSRA.
 - 2. For USSF referee at grades 8 and 9 who do not have a physical fitness requirement, it is WMSRAs strong recommendation that they take the annual fitness test administered by WMSRA.
- B. For all referees in USSF grade 7 and above it is the expectation of WMSRA that they will take and pass the annual fitness test for their respective age group.

4. FITNESS AND ASSIGNMENTS

- A. The USSF and MHSAA assignors shall be provided the fitness test results from the WMSRA annual fitness testing.
- B. The USSF and MHSAA assignor(s), in their discretion may use the fitness information when assigning matches.
- C. The assignor(s) and the WMSRA Referees Evaluation and Rating Committee may use the fitness test results in rating every WMSRA referee and in making recommendations to the MHSAA for tournament assignments.